## Are You & Your Parents Prepared For Aging?

Learn tips to independent aging with dignity & advance care planning in this 3 part webinar series.



## Wed., May 13th 7pm Five Wishes, a living will presenter, Lorraine Spiotta, CLU, ChFC

Lorraine is the Author of *Key Solutions for Caregivers* and will outline the *Five Wishes*. It's more than just a document it is a complete approach to discussing and documenting your care and comfort choices. It's about connecting families, communicating with healthcare providers, and showing your community what it means to care for one another. The *Five Wishes* is available in English & Spanish.

## Wed., May 27th 7pm Elder Law & Estate Planning presented by Manna Associates



Every person over the age of 18 should have 3 documents: living will, power of attorney and will. Learn more, bring your questions for an interactive discussion.



## Wed., June 10th 7pm Is Long Term Care Insurance Right for Me?

These webinars are FREE and are being sponsored by the Leonia Recreation Center and Senior Center. Please register by 2pm on the day of the webinar. A link to the webinar will be emailed to you after registering.

To Register online: register communitypass.net/LeoniaRecreation

Call Leonia Recreation: 201-592-5783

If you you would like to submit questions before the webinar email us at: recreation@leonianj.gov